

October 2015 News

AT THE
MAC

Milton Activity Center 1000 Laurel St

Welcome to the Milton Activity Center!

Our Mission is to provide enjoyable activities, social interaction and educational experiences for the citizens of Milton and surrounding areas. The driving force of the Milton Activity Center is our dedication to continuous improvement, accountable leadership and the accomplishment of our Mission. We are also open to new programs and activities that you are interested in having here. This month, there are Dances with our very own house band, "The Melody Maker's Trio"; Saturday, October 3rd and October 24th; We have the Milton Bazaar October 9th & 10th; An AARP class offered on October 14th and also we have an Oktoberfest Celebration on October 21st at 11:30am! See you soon at the MAC!

Happy Birthday!

Milton Activity Center
Phone: 253-922-6586



**Wishing You All a
Wonderful Birthday!**

**Nellie Andrews- Oct 9th
Janet Sterns – Oct 19th**

**Kellie Engel – October 22nd
Bob Hofmann – Oct 24th
Maxine Erickson – October 26th
Carol Uhl – October 28th**

**Enjoy Birthday Cake courtesy of
Alder Ridge the first Wednesday of
every month.**

Senior Advisory Board

Vice-President: Sandy Parr
Treasurer: Leonard Sanderson
Secretary: Kellie Fiebig
Sunshine: Paula Gierke
Members: Debra Irle,
Mike Perry, Don Wilson, Janis
Briski, Kendra Dixon
& Poppy Sanderson
Newsletter: Claire Berry

- Upcoming Events -



Wednesday,
October 21st
11:30am

Food, Fun and Friends!

Milton Activity Center

-Bunco-

at Mill Ridge Village
MONDAY, OCTOBER 19TH
2:00pm – 4:00pm
Come Play & Enjoy Appetizers &
Prizes! Bring a friend!

AARP DRIVER SAFETY PROGRAM

Course taught by Clara Hayes.

Where? Milton Activity Center
When? Wednesday, October 14th
Time? 9:00am to 5:00pm
Cost? \$15 for AARP Members
\$20 for Non-Members

More information call Paula @ 253-568-7727
Limited space available - Call now to register.

Milton's 25th Annual Craft Bazaar

Friday, October 9th - Noon to 7:30 pm
Saturday, October 10th - 10 am to 4 pm

Craft & Gift Shopping — Activities for Kids
Food, Baked Goods & Snacks Available for Purchase

Friday Night
Family Fun
Music 5:00-8:00
Food Trucks

Pumpkin
decorating
with Mayor
Perry

Bake Sale

Photo Booth
Theme:
First Responders



AT THE
MAC

Milton Activity Center 1000 Laurel St
Milton, WA 98354
253-922-8733
www.cityofmilton.net

Craft Fair
Highlights
Handcrafted Items
Quilts
Blankets
Jewelry
Scarves
Glassware
Photography
Crochet
Knitting
Woodcrafts
Sauces & Jams
Pickles

Participation
Raffle
No cost to you!

Where? Milton Activity Center
When? Friday, October 9th
12pm to 7:30pm
& Saturday, October 10th
10am to 4pm

Find out who wins this Quilt!

...At 'Oktoberfest'
Wednesday, October 21st
11:30am



Tickets Still for sale at the
Milton Activity Center

-Activities at the MAC-

Dance

2:00pm – 4:00pm

Saturday, October 3rd
&
Saturday, October 24th

“The Melody
Makers Trio”

ALL AGES WELCOME!

Come to Listen or Dance to
great Music with friends!
Coffee & Tea are provided.

\$4.00 Suggested Donation

Contact: Art for more
information @ 253-841-3502

Bingo

12:30pm - 2:30pm

Last Wednesday
of each month

Enjoy two hours of
Bingo with friends!
Win Prizes!

Cost is \$1.00 and includes
coffee and / or tea.

Contact: Paula for more info
@ 253-568-7727

Adult Fitness

9:00am-10:00am

Tuesdays & Thursdays

This class offers a chance to
move your body to music,
increasing your mobility,
strength and cardiovascular
health.

Contact: Nancy for more info
@ 253-820-4176

Quilting

Group

“Friday-Friends”

10:00am Fridays

Work on your project with
great company. Stich away
and have fun here!

Pinochle

12:45pm

Mondays

Come and join this fun
Monday afternoon Pinochle
Group. Contact: Bill
Pederson or Gerald for more
info @ 253-922-6794

Craft Group

10:00am – 2:00pm

Thursdays

Get crafty!

Learn how to make cards
& so much more!

Zumba Fitness

6:15pm - 7:15pm

Tuesdays & Thursdays

Join the M.E Zumba Team
(Milton-Edgewood)

A full hour of fun & aerobic
dance set to Latin & World
music & moves.

Contact: Claire for more info
@ 253-315-0237

Yoga

7:30pm - 8:30pm

Tuesdays
& Thursdays

All Ages welcome

Come join Kim Yee,
who teaches a physical
style of yoga.
Building strong muscles with
poses & stretching.

Contact: Kim for more info:
@253-891-1036
or yogawithkim@hotmail.com

Bootcamp with Grace

5:00pm – 6:00pm
Tuesdays

Increase your cardiovascular
health & strength in a circuit
training style, tailored to you.
Nutritional advice will be a part
of this class as well! Contact:
Grace for more info
@ 253-651-6309

THANK YOU

To Mill Ridge Village & Alder Ridge for their continued Lunch Donations & Support!



“BREAD DAY”

Provided by 'Haggens' in Milton. Remaining donations go

October 2015

Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sept 28 12:45pm Pinochle Bread Day	29 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga Bread Day	30 11:30am Lunch Bread Day	October 1 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	2 10:00am Quilting	3 Saturday Dance 2:00pm-4:00pm All Ages Welcome!
5 12:45pm Pinochle *Senior Foot Care Bread Day	6 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga Bread Day	7 11:30am Lunch* *Birthday Celebration Bread Day	8 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	9 MILTON CRAFT BAZAAR 12pm to 7:30pm	10 MILTON CRAFT BAZAAR 10am to 4pm
12 12:45pm Pinochle Bread Day	13 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga Bread Day	14 11:30am Lunch AARP Driving Class 9:00am – 5:00pm Bread Day	15 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	16 10:00am Quilting	17
19 12:45pm Pinochle 2:00pm BUNCO at Mill Ridge Village Bread Day	20 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga Bread Day	21 11:30am <u>Oktoberfest!</u> Bread Day	22 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	23 10:00am Quilting	24 Saturday Dance 2:00pm-4:00pm All Ages Welcome!
26 12:45pm Pinochle Bread Day	27 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga Bread Day	28 11:30am Lunch 12:30pm BINGO! Bread Day	29 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	30 10:00am Quilting	31 Halloween! 