

May 2015 News



Welcome to the Milton Activity Center!

Our Mission is to provide enjoyable activities, social interaction and educational experiences for the citizens of Milton and surrounding areas. The driving force of the Milton Activity Center is our dedication to continuous improvement, accountable leadership and the accomplishment of our Mission. We are also open to new programs and activities that you are interested in having here. This month there is an all-ages Dance Event on Saturday, May 30th. The 'House Band' The Melody Maker's Trio will be bringing the music so come bring your family & friends! Come help us make the Milton Activity Center the best place to have fun in Milton!

Senior Advisory Board

Vice-President: Sandy Parr

Treasurer: Leonard Sanderson

Secretary: Kellie Engel

Sunshine: Paula Gierke

Members: Janis Briski,

Debra Irlle, Wendy McMillian,

Poppy Sanderson & Don Wilson

Newsletter: Claire Berry

Milton Activity Center
Phone: 253-922-6586

Happy Birthday!



**Wishing you all a
Wonderful Birthday!**

Richard Schmaucher- May 1st

Pat Livingston - May 17th

Flora Larsen - May 20th

Marie Fiebig - May 24th

Wendy McMillian - May 24th

**Enjoy Birthday Cake courtesy of
Alder Ridge the first Wednesday of
every month.**

-Current News-

THANK YOU!

THANK YOU ALL SO MUCH FOR
THE BEAUTIFUL 'BLINGS'
for 'Wear your Bling' day in April!

The winners were:

1st Place: Sibyl Belaire

2nd Place: Shirley Olive

3rd Place: Dot Eby

We had some lovely hats and jewelry.
Thanks to the Mayor for judging and for
coming to lunch with us!

Thanks to all those who donated items
for our **RUMMAGE & ANTIQUE SALE!**

And a big THANKS to those who
volunteered their time & energy during the
2 days, as you helped make this event
such a success!

Thank you to Don who helped advertise
the Sale; Jan, Poppy & Debra
(who worked about 24 hours each).
And to the many **others** who spent their
time loading, prepping, helping &
organizing all the items!

And, of course,
a **BIG THANKS to INEZ**
for all her work organizing this Event!

AARP DRIVER SAFETY PROGRAM

The AARP Driver Safety Program is the largest in the
nation, and is designed to help older adults stay safe
on the road. Course taught by Clara Hayes.

This course will help you learn:

- ✓ New rules of the road & road safety
- ✓ About normal, age-related changes that affect
driving and ways to adjust your driving to
compensate for these changes
- ✓ Help reduce your chances of traffic accidents &
injuries

Where? At the Milton Activity Center

When? Wednesday, May 13th

Time? 9:00am to 5:00pm

**Cost? \$15 for AARP Members & \$20 for Non-
Members**

More information call Paula @ 253-568-7727



GARDENING CORNER -TIPS FOR MAY-

Gardening this month is so much fun. After 5/15 or under cover hang your baskets
out and your lovely pots (Cosco has nice 12 in" displays for \$20). Plant your
annuals in the ground and keep up the slug bait. Start watching for aphids on
roses, and keep up the weeding on the dreaded Shot Weed.

- Sandy Parr

-Activities at the MAC-

Pinochle

12:45pm

Mondays

Come and join this fun Monday afternoon Pinochle Group.

Contact: Bill Pederson or Gerald for more info

@253-922-6794

Adult Fitness

9:00am-10:00am

Tuesdays & Thursdays

This class offers a chance to move your body to music, increasing your mobility, strength and cardiovascular health.

Contact: Nancy for more info

@ 253-820-4176

Craft Group

10:00am – 2:00pm

Thursdays

Get crafty!

Learn how to make cards and so much more!

Mixedfit

6:00pm

Mondays

5:30pm

Wednesdays

“People-Inspired”
Dance Fitness program.

Contact: Danielle for more info @ 206-802-5399

Dance

12:30pm – 3:00pm

1st & 3rd Tuesdays
(of each Month)

“The Melody
Makers Trio”

**Special Dance
Event**

Saturday, May 30th

2:00pm to 4:00pm

ALL AGES WELCOME!

Come to Listen or Dance to great Music with friends!

\$4.00 suggested donation

Contact: Art for more information @ 253-841-3502

Consider having your next large gathering or event at the Milton Activity Center!

Rental rates are available.

For more info call:

253-922-8733 ext:2005

Zumba Fitness

6:15pm-7:15pm

Tuesdays & Thursdays

7:15pm-8:15pm

Wednesdays

Join the M.E Zumba Team (Milton-Edgewood) for a full hour of fun and aerobic dance set to Latin music and moves.

Contact: Claire for more info @ 253-315-0237

Bingo

12:30pm-2:30pm

4th Wednesdays
of each month

Enjoy two hours of Bingo with friends! Win Prizes!

Cost is \$1.00 and includes coffee and / or tea.

Contact: Paula for more info @ 253-568-7727

Quilting Group

“Friday-Friends”

10:00am Fridays

Work on your project with great company!

Contact: Angie for more info @ 253-922-7264

Yoga

7:30pm- 8:30pm

Tuesdays & Thursdays

All Ages welcome

Come join Kim Yee, who teaches a physical style of yoga.

Building strong muscles with poses & stretching.

Contact: Kim for more info: @253-891-1036

or yogawithkim@hotmail.com

