

**MILTON**

# March News

1000 Laurel Street, Milton WA 98354 Phone: 253-922-6586

## *About the Milton Activity Center*

### Welcome to the Milton Activity Center.

*Our Mission is to provide enjoyable activities, social interaction and educational experiences for the citizens of Milton and surrounding areas. The driving force of the Milton Activity Center is our dedication to continuous improvement, accountable leadership and the accomplishment of our Mission. We are also open to new programs and activities that you are interested in having here. This month we have a St.Paddy's Day Dinner & Auction, Wednesday March 11<sup>th</sup> and a Saturday Dance on March 21<sup>st</sup>. Come see what all the excitement is about! Come help us make the Milton Activity Center the best place to have fun in Milton!*

**Milton Activity Center**

### Senior Advisory Board

**President:** *Poppy Sanderson*

**Vice-President:** *Sandy Parr*

**Treasurer:** *Leonard Sanderson*

**Secretary:** *Kellie Engel*

**Sunshine:** *Paula Gierke*

**Members:** *Janis Briski,  
Debra Irle, Wendy McMillian  
& Don Wilson.*

**Newsletter:** *Claire Berry*

### Happy Birthday!



**Wishing you a wonderful day!**

**Ken Fiebig – March 3<sup>rd</sup>**

**Rhonda Max – March 16<sup>th</sup>**

**Wendy McMillian –  
March 24<sup>th</sup>**

**Don Wilson – March 29<sup>th</sup>**

**Penny Wattenburg –  
March 24<sup>th</sup>**

**Enjoy Birthday Cake courtesy  
of Alder Ridge March 4th.**

# -Current News-

**Congratulations to our own  
Kelli Engel!**

**She will be getting married on  
April 1<sup>st</sup>  
to Matthew Fiebig!**

**We wish you both a  
wonderful day and a  
blessed marriage!**

**Congrats!**

**Special Birthday  
Wishes to**

**DOTTIE AMREIN**

**&**

**BETTY MANHOOD**

**who both Celebrated their  
90<sup>TH</sup> BIRTHDAYS**

**in February**

**Congratulations Ladies!**

## **Bling Party!**

**Wednesday, April 1<sup>st</sup>  
(for 11:30am Lunch)  
WEAR YOUR BEST,**

**WEAR YOUR UGIEST,  
JUST WEAR IT!**

**All of us have great old  
jewelry... Let's show it off!**

**There will be prizes for the  
good, the bad and the ugly!  
Show off those Easter Hats,  
brooches, necklaces and  
earrings etc!!**

**Let's have some fun!**

**Do you love our Community?  
Do you have a passion  
to serve others?**

**We are taking Applications for  
Senior Advisory Board Members!**

**There are Applications  
at the Front Desk (MAC) available.**

## **Gardening Tips for March**

*It feels a lot like spring!*

*The birds are happily around,  
even a robin or two.*

*This is the time to prune your roses  
and grasses you didn't get to last year.  
Know that the slugs are really hungry,  
and tiny so you don't see  
them very well.*

*So remember to get the bait out ASAP!*

## **Gardening Corner**



# -Activities at the MAC-

## Pinochle!

12:45pm

**Mondays**

Come and join this fun Monday afternoon Pinochle Group.

Contact: Bill Pederson or Gerald for more info

@253-922-6794

## Adult Fitness

9:00am-10:00am

**Tuesdays & Thursdays**

This class offers a chance to move your body to music, increasing your mobility, strength and cardiovascular health.

Contact: Nancy for more info

@ 253-820-4176

## Craft Group

10:00am – 2:00pm

**Thursdays**

Get crafty!

Learn how to make cards and so much more!

## Mixedfit

6:00pm-7:15pm

**Mondays**

5:30pm-6:45pm

**Wednesdays**

“People-Inspired”  
Dance Fitness program.

Contact: Danielle for more info @ 206-802-5399

## Senior Dance

12:30pm – 3:00pm

1<sup>st</sup> & 3<sup>rd</sup> Tuesdays

(of each Month)

**“The Melody Makers Trio”  
Special Dance Event  
this Month!**

Saturday, March 21st

2:00pm to 4:00pm

**ALL AGES WELCOME!**

Come to Listen or Dance to great Music with friends!

\$4.00 suggested donation

Contact: Art for more information @ 253-841-3502

**Consider having your next large gathering or event at the Milton Activity Center!  
Rental rates are available.**

For more info call:  
253-922-8733 ext:2005

## Zumba Fitness

6:15pm-7:15pm

**Tuesdays & Thursdays**

7:15pm-8:15pm

**Wednesdays**

Join the M.E Zumba Team (Milton-Edgewood) for a full hour of fun and aerobic dance set to Latin music and moves.

Contact: Claire for more info @ 253-315-0237

## Bingo

12:30pm-2:30pm

**4<sup>th</sup> Wednesdays  
of each month**

Enjoy two hours of Bingo with friends! Win Prizes!

Cost is \$1.00 and includes coffee and / or tea.

Contact: Paula for more info @ 253-568-7727

## Quilting Group

**“Friday-Friends”**

**10:00am Fridays**

Work on your project with great company!

Contact: Angie for more info @ 253-922-7264

## Yoga

7:30pm- 8:30pm

**Tuesdays  
& Thursdays**

(see calendar for exceptions)

**All Ages welcome**

Come join Kim Yee, who teaches a physical style of yoga.

Building strong muscles with poses & stretching.

Contact: Kim for more info:  
@253-891-1036

or yogawithkim@hotmail.com

# -Upcoming Events-

## St.Paddy's Dinner & Silent Auction

**Wednesday, March 11<sup>th</sup>**

**6:00pm**

At the Milton Activity Center

**Get your Tickets Today!!**

Silent Auction provided by Mill Ridge

**\$15 for Adults / \$12 for Seniors**

**Come enjoy a fun evening**

**full of**

**Great Food,  
Entertainment &  
a Silent Auction!**



## Rummage & Antique Sale!

April 24-25  
(Friday & Saturday)

Shop for a wonderful cause!

Profits from the sale will go  
towards our gift-giving  
program for needy children  
in the area!

Donations welcome closer  
to event date.

Back by Popular Demand!

## Special Saturday Dance!

**SATURDAY, MARCH 21<sup>ST</sup>**

**2:00pm to 4:00pm**

At the Milton Activity Center

Live Entertainment from

**Lynn                  Leo                  Art**  
**"THE MELODY MAKERS TRIO"**

**Come to Listen or Come to Dance!**

**All Ages Welcome!**

**Suggested Donation \$4.00**



# Milton Activity Center

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday                    | Saturday   |
|---|--|---|--|---------------------------|--|
| March 2<br>12:45pm Pinochle<br>*Senior Foot Care<br><br>6:00pm Mixedfit<br>7:30pm Yoga<br>Bread Day | 3 TAX HELP DAY<br>(8:30am-11:30am)<br>9:00am Adult Fitness<br>12:30pm Senior Dance<br>6:15pm Zumba Fitness<br>7:30pm Yoga<br>Bread Day | 4 11:30am Lunch*<br>*March Birthday<br>Celebration<br><br>5:30pm Mixedfit<br>7:15pm Zumba Fitness<br>Bread Day  | 5<br>9:00am Adult Fitness<br>10:00am Craft Group<br><br>6:15pm Zumba Fitness<br>7:30pm Yoga  | 6<br>10:00am<br>Quilting  | <b>Lunch Menu</b><br><br>March 4 <sup>th</sup><br>March 18 <sup>th</sup><br>April 1st<br>Oliver's Sandwiches<br><br>NO LUNCH<br>Evening event instead!<br><br>March 11 <sup>th</sup><br><br>March 25 <sup>th</sup><br>Pepperoni Pizza & Tossed Salad |
| 9<br>12:45pm Pinochle<br><br>6:00pm Mixedfit<br>7:30pm Yoga<br>Bread Day                            | 10 TAX HELP DAY<br>(8:30am-11:30am)<br>9:00am Adult Fitness<br><br>6:15pm Zumba Fitness<br>7:30pm Yoga<br>Bread Day                    | 11 <del>11:30am Lunch</del><br>5:30pm Mixedfit<br>7:15pm Zumba Fitness<br> Bread Day<br>6:00pm St. Paddy's<br>Dinner & Auction | 12<br>9:00am Adult Fitness<br>10:00am Craft Group<br><br>6:15pm Zumba Fitness<br>7:30pm Yoga | 13<br>10:00am<br>Quilting |  |
| 16<br>12:45pm Pinochle<br><br>6:00pm Mixedfit<br>7:30pm Yoga<br>Bread Day                           | 17<br>9:00am Adult Fitness<br>12:30 Senior Dance<br>(St. Patrick's Day Special)<br>6:15pm Zumba Fitness<br>7:30pm Yoga<br>Bread Day    | 18<br>11:30am Lunch<br><br>5:30pm Mixedfit<br>7:15pm Zumba Fitness<br>Bread Day   | 19<br>9:00am Adult Fitness<br>10:00am Craft Group<br><br>6:15pm Zumba Fitness<br>7:30pm Yoga | 20<br>10:00am<br>Quilting |  |
| 23<br>12:45pm Pinochle<br><br>6:00pm Mixedfit<br>7:30pm Yoga<br>Bread Day                           | 24<br>9:00am Adult Fitness<br><br>6:15pm Zumba Fitness<br>7:30pm Yoga<br>Bread Day   | 25 11:30am Lunch<br>12:30pm BINGO!<br>5:30pm Mixedfit<br>7:15pm Zumba Fitness<br>Bread Day  | 26<br>9:00am Adult Fitness<br>10:00am Craft Group<br><br>6:15pm Zumba Fitness<br>7:30pm Yoga | 27<br>10:00am<br>Quilting | 28<br><b>THANK YOU</b><br><br><u>Mill Ridge Village</u><br><br><u>&amp; Alder Ridge</u><br><br>for their<br>continued Lunch<br>Donations & Support!  |
| 30<br>12:45pm Pinochle<br>6:00pm Mixedfit<br>7:30pm Yoga<br>Bread Day                               | 31<br>9:00am Adult Fitness<br>12:30 Senior Dance<br><br>6:15pm Zumba Fitness<br>7:30pm Yoga<br>Bread Day                               | April 1<br>11:30am Lunch *<br>*BLING PARTY &<br>Birthday Celebration<br>5:30pm Mixedfit<br>7:15pm Zumba Fitness<br>Bread Day  | 2<br>9:00am Adult Fitness<br>10:00am Craft Group<br><br>6:15pm Zumba Fitness<br>7:30pm Yoga  | 3<br>10:00am<br>Quilting  |  |

"Bread Day"  
 Provided by  
 Albertsons in  
 Milton. Remaining  
 donations go to  
 Edgewood Food  
 Bank.

# March 2015 Events Calendar