

December 2015

AT THE
MAC

Milton Activity Center 1000 Laurel St

Welcome to the Milton Activity Center!

Our Mission is to provide enjoyable activities, social interaction and educational experiences for the citizens of Milton and surrounding areas. The driving force of the Milton Activity Center is our dedication to continuous improvement, accountable leadership and the accomplishment of our Mission. This month, there is the Annual 'Milton Tree Lighting' on December 5th. "The Melody Maker's Trio" will be performing for your dancing pleasure, Saturday, December 12th after the 15th Annual Kiwanis Pancake Breakfast from 8:00am to 12:00pm.

Merry Christmas and Happy Holidays from your friends at the MAC!

Milton Activity Center
Phone: 253-922-6586

Happy Birthday!



Happy Birthday!

Victor Kring – Dec 3rd

Merle Mickelson- Dec 23rd

Carol Proff – Dec 23rd

Claire Berry – Dec 24th

Dwayne Proff – Dec 31st

Enjoy Birthday Cake courtesy of Alder Ridge the first Wednesday of every month.

Senior Advisory Board

President: *Sandy Parr*

Vice-President: *Paula Gierke*

Treasurer: *Leonard Sanderson*

Secretary: *Kellie Fiebig*

Sunshine: *Paula Gierke*

Members: *Debra Irle,*

Mike Perry, Don Wilson,

Janis Briski, Dolores Tomta,

Kendra Dixon & Poppy Sanderson

Newsletter: *Claire Berry*

- News & Events -

Saturday, December 5th

3:00pm to 8:00pm

Milton Activity Center



Kick off the holiday season
with your Community!
Enjoy Holiday Crafts for the Kids,
Food & Beverages.

3:00pm to 5:00pm - The 'Santa Parade'

(Santa with East Pierce Fire Dept,
Milton Police Dept and Special Guests) will tour the city.

5:00pm to 6:00pm - Tree Lighting

Santa will arrive back at the Milton Activity Center
to light the Christmas Tree.

6:00pm to 8:00 pm - Visit with Santa

Enjoy of Santa's Company for photos & a gift!
Come enjoy the festive music and refreshments.

Simple Xmas Gifts

Do you need IDEAS for simple
and fun gifts to give your
family & friends this
Christmas?

Do you want to give from the
heart and not break the bank?

Come join us after Lunch on
Wednesday, December 9th
where our very own Sandy
Parr will be sharing her ideas
with you to help you through
the holidays with creative
gifts in hand!

Interested in Volunteering?

We would LOVE your help
this month for various fun
events and simple tasks that
will benefit the Community
this Season. Contact a Milton
Senior Board Member for
more information. Thank you!

-Bunco-

at Mill Ridge Village

MONDAY,

DECEMBER 21ST

2:00pm - 4:00pm



15th Annual Kiwaniis Pancake Breakfast

Milton Activity Center
Saturday, December 12th
8:00am to 11:00am
Come enjoy a Pancake
Breakfast with Friends,
Family & Neighbors

-Activities at the MAC-

Dance

2:00pm – 4:00pm

Saturday, December 12th

**“The Melody
Makers Trio”**

ALL AGES WELCOME!

Come to Listen or Dance to
great Music with friends!
Coffee & Tea are provided.

\$4.00 Suggested Donation

Contact: Art for more
information @ 253-841-3502

Pinochle

12:45pm

Mondays

Come and join this fun
Monday afternoon Pinochle
Group. Contact: Bill
Pederson or Gerald for more
info @ 253-922-6794

Bootcamp with Grace

5:00pm – 6:00pm
Tuesdays

Increase your cardiovascular
health & strength in a circuit
training style, tailored to you.
Nutritional advice will be a part
of this class as well! Contact:
Grace for more info
@ 253-651-6309

Bingo

12:30pm – 2:30pm

**No BINGO
This Month!**

Join us in January for
two hours of
Bingo with friends!
Win Prizes!

Cost is \$1.00 and includes
coffee and / or tea.

Contact: Paula for more info
@ 253-568-7727

Craft Group

10:00am – 2:00pm

Thursdays

Get crafty!

Learn how to make cards
& so much more!

Zumba Fitness

6:15pm - 7:15pm

Tuesdays & Thursdays

Join the M.E Zumba Team
(Milton-Edgewood)

A full hour of fun & aerobic
dance set to Latin & World
music & moves.

Contact: Claire for more info
@ 253-315-0237

Adult Fitness

9:00am-10:00am

Tuesdays & Thursdays

This class offers a chance to
move your body to music,
increasing your mobility,
strength and cardiovascular
health.

Contact: Nancy for more info
@ 253-820-4176

Quilting Group

“Friday-Friends”

10:00am Fridays

Work on your project with
great company. Stich away
and have fun here!

Yoga

7:30pm - 8:30pm

**Tuesdays
& Thursdays**

All Ages welcome

Come join Kim Yee,
who teaches a physical
style of yoga.

Building strong muscles with
poses & stretching.

Contact: Kim for more info:
@253-891-1036
or yogawithkim@hotmail.com

December



Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov 30 12:45pm Pinochle *Senior Foot Care	Dec 1 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	2 11:30am Lunch* *December Birthday Celebration	3 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	4 10:00am Quilting 	5 Milton Tree Lighting Events 3:00pm-8:00pm
7 12:45pm Pinochle	8 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	9 AARP Class 9:00am-5:00pm (Registration Required) 11:30am Lunch 'DIY Simple & Fun Xmas Gifts' (After Lunch with Sandy Parr)	10 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	11 10:00am Quilting	12 Kiwanis Pancake Breakfast 8:00am-11:00am Saturday Dance 2:00pm- 4:00pm
14 12:45pm Pinochle 2:00pm BUNCO at Mill Ridge Village	15 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	16 11:30am Lunch	17 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	18 10:00am Quilting	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">THANK YOU</p> <p style="text-align: center;"><i>To Mill Ridge Village & Alder Ridge for their continued Lunch Donations & Support!</i></p> </div>
21 12:45pm Pinochle	22 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	23 No Lunch Today	24 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	25  Merry Christmas	
28 12:45pm Pinochle	29 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	30 No Lunch Today	31 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	Jan 1 	
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