

April 2016 News

AT THE
MIAAC

Milton Activity Center 1000 Laurel St

Welcome to the Milton Activity Center!

Our Mission is to provide enjoyable activities, social interaction and educational experiences for the citizens of Milton and surrounding areas. The driving force of the Milton Activity Center is our dedication to continuous improvement, accountable leadership and the accomplishment of our Mission. "The Melody Maker's Trio" will be performing Saturday, April 16th and Saturday, April 23rd this month. Come check out our Bingo or Craft times this month. See you soon!

Milton Activity Center
Phone: 253-922-6586

Senior Advisory Board

Happy Birthday!

April Birthdays

Pat Gordon – April 1st
Patty Hearse – April 14th
& Happy Anniversary to
Bob & Inez Hoffman

Please Come & Enjoy Birthday Cake
courtesy of Alder Ridge the first
Wednesday of every month.

President: *Sandy Parr*
Vice-President: *Paula Gierke*
Treasurer: *Leonard Sanderson*
Secretary: *Kellie Fiebig*
Sunshine: *Paula Gierke*
Members: *Debra Irle,*
Mike Perry, Don Wilson,
Janis Briski, Dolores Tomta,
Kendra Dixon & Poppy Sanderson
Newsletter: *Claire Berry*

- News & Events -

Come Check out **Bingo** with Us!
Milton Activity Center
Wednesday, April 27th
12:30pm to 2:00pm



Annual Rummage Sale

Where? Milton Activity Center
When? Friday, April 29th 9:00am to 5:00pm
& Saturday, April 30th 10:00am to 3:00pm

Profits from the Sale will go towards local needs Christmas 2016

Rummage
SALE

Bunco
at Mill Ridge Village
MONDAY, APRIL 18TH
2:00pm – 4:00pm

Very important Reminder
Please do not come through the
Kitchen door when entering the
Activity Center! This is a potential
health code issue. Thank you.
-Senior Board

-Activities at the MAC-

Dance

2:00pm – 4:00pm

**Saturday, April 16th
&**

Saturday, April 23rd

**“The Melody
Makers Trio”**

ALL AGES WELCOME!

Come to Listen or Dance to
great Music with friends!
Coffee & Tea are provided.

\$4.00 Suggested Donation

Contact: Art for more
information @ 253-841-3502

Bingo

12:30pm - 2:00pm

**Wednesday,
April 27th**

Join us for
One & Half hours of
Bingo with friends!
Win Prizes!

Cost is \$1.00 and includes
coffee and / or tea.

Contact: Paula for more info
@ 253-568-7727

Adult Fitness

9:00am-10:00am

Tuesdays & Thursdays

This class offers a chance to
move your body to music,
increasing your mobility,
strength and cardiovascular
health.

Contact: Nancy for more info
@ 253-820-4176

Pinochle

12:45pm

Mondays

Come and join this fun
Monday afternoon Pinochle
Group. Contact: Bill
Pederson or Gerald for more
info @ 253-922-6794

Craft Group

10:00am – 2:00pm

Thursdays

Get crafty!

Learn how to make cards
& so much more!

Quilting

Group

“Friday-Friends”

10:00am Fridays

Work on your project with
great company. Stich away
and have fun here!

Bootcamp

with Grace

5:00pm – 6:00pm

Tuesdays

Increase your cardiovascular
health & strength in a circuit
training style, tailored to you.
Nutritional advice will be a part
of this class as well! Contact:
Grace for more info
@ 253-651-6309

Zumba Fitness

6:15pm - 7:15pm

Tuesdays & Thursdays

Join the M.e Zumba Team
(Milton-Edgewood)

A full hour of fun & aerobic
dance set to Latin & World
music & moves.

Contact: Claire for more info
@ 253-315-0237

Yoga

7:30pm - 8:30pm

**Tuesdays
& Thursdays**

All Ages welcome

Come join Kim Yee,
who teaches a physical
style of yoga.
Building strong muscles with
poses & stretching.

Contact: Kim for more info:
@253-891-1036
or yogawithkim@hotmail.com

April



Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 4 12:45pm Pinochle *Senior Foot Care	5 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	6 11:30am Lunch* *April Birthday Celebration	7 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	8 10:00am Quilting	9
11 12:45pm Pinochle	12 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	13	14 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	15 10:00am Quilting	16 Saturday Dance 2:00pm-4:00pm All Ages Welcome!
18 12:45pm Pinochle 2:00pm BUNCO at Mill Ridge Village	19 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	20 11:30am Lunch	21 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	22 10:00am Quilting	23 Saturday Dance 2:00pm-4:00pm All Ages Welcome!
25 12:45pm Pinochle	26 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	27 11:30am Lunch 12:30pm BINGO 6:15pm Zumba Fitness	28 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga Rummage Sale Set-up	29 Rummage Sale 9:00am to 5:00pm	30 Rummage Sale 10:00am to 3:00pm
May 1 12:45pm Pinochle *Senior Foot Care	2 9:00am Adult Fitness 5:00pm Bootcamp 6:15pm Zumba Fitness 7:30pm Yoga	3 11:30am Lunch *May Birthday Celebration	4 9:00am Adult Fitness 10:00am Craft Group 6:15pm Zumba Fitness 7:30pm Yoga	5 10:00am Quilting	THANK YOU To Mill Ridge Village & Alder Ridge for their continued Lunch Donations & Support!